Thank you for attending

Nebraska’s first major multidisciplinary voice conference

Saturday, April 8, 2006,
8:00am - 5:00pm
Saint Elizabeth Regional Medical Center
Lower Level Auditorium and Meeting Rooms

PROGRAM

Registration and Continental Breakfast

Introduction.............................................. Ryan Van De Graaff, MD

Anatomy & Physiology, & Laryngeal Evaluation.............. Dr. Ryan Van De Graaff

Voice Evaluation, Avoiding Vocal Fatigue....................... Polly Ubben, M.A., CCC-SLP

“The Cliff of Vocal Injury: Voice Use & Abuse in Singers”...... Jana Holzmeier, DMA

Break – Exhibit area

Synchronized Breathing & Postural Influences on Voice Control... Ron Hruska, Jr., MPA, PT

Benign Vocal Lesions........................................... Ryan Van De Graaff MD

Panel Questions

Lunch (provided) – Exhibit area

Laryngopharyngeal Reflux....................................... Ryan Van De Graaff MD
Vocal Cord Dysfunction.................................................. Polly Ubben, MA, CCC-SLP

“A Free Voice is a Healthy Voice” .......................................... Ariel Bybee, Assoc. Prof.

Break – Exhibit area

Allergies & Inflammatory Laryngeal Processes.......................... Terry Olson MD

Panel Questions

Master Classes................................................................. Ariel Bybee & Jana Holzmeier

Accompanistes: Jim Koudelka

Cost of the event:  $100 for Professionals
                 $50 for Students

TO REGISTER:

NOTE: the number of participants is limited to 130 because of space restrictions.

CALL the "Telephone Line to Care"
(402) 219-7000

MAIL registration form (before March 24th) with your check or credit card information to:
“Telephone-Line-to-Care”
6900 L Street, Suite 101
Lincoln, NE 68510

Last name:___________________________   First Name:___________________________
Student   Professional  (check one)  Degree/field__________________________________
Mailing Address:____________________________________________________________
__________________________________________________________________________
Daytime telephone________________________   Fax_____________________________

Payment Information
Enclosed is my check for $__________ made payable to Saint Elizabeth Regional Medical Center.
Bill my credit card in the amount of $__________   Visa MasterCard American Express
Credit Card # ___________ - ___________ - ___________ Expiration date ____________
Signature________________________________________
EDUCATIONAL GOALS AND LEARNING OBJECTIVES

Following this conference, participants will be able to:
1. Describe basic laryngeal anatomy & physiology
2. Describe ENT laryngeal evaluation procedures
3. Identify SLP voice evaluation procedures
4. Describe exercises and the concept of laryngeal muscle balance to avoid vocal fatigue
5. Identify features of vocal abuse & misuse in singers
6. Describe basic principles of synchronized breathing & postural influences on voice
7. Identify basic descriptions of benign vocal lesions
8. Identify features of laryngophrayngeal reflux
9. Describe features of Vocal Cord Dysfunction
10. Identify basic principles of vocal techniques for a “free, healthy” voice
11. Describe vocal influence of allergies & inflammatory processes
12. Describe basic procedures for facilitating singing techniques used in Master Classes.

Continuing Education Units:

7.25 CME hours awarded for physicians

“ This activity has been planned and implemented in accordance with the Essential Areas and policies of the Nebraska Medical Association’s Commission on Medical Education (NMACME) through the joint sponsorship of LMEP, Saint Elizabeth Regional Medical Center and ENT Specialties. The Lincoln Medical Education Partnership is accredited by the Nebraska Medical Association Commission on Medical Education to provide continuing medical education for physicians.”

The Lincoln Medical Education Partnership designates this educational activity for a maximum of 7.25 AMA PRA Category 1 Credit(s)TM. Physicians should only claim credit commensurate with the extent of their participation in the activity.”

7.6 CEU hours awarded for speech pathologists

“The Nebraska Board in Audiology and Speech-Language Pathology has approved this program for continuing education credit.”

CNE’s have been applied for to address nursing education credit.

Presenters Disclosure: All individuals presenting in sponsored programs are expected to disclose to the audience and real or apparent conflict-of-interest related to the content of their presentation, and any discussion of unlabeled or investigational use of any commercial product or device not yet approved by the United States. No speakers in our program have indicated a conflict of interest.

Acknowledgement of Commercial Support: Sponsors for this even have been solicited on behalf of the Saint Elizabeth Voice Conference Foundation: Kay/ Pentax, Medtronics/ Xomed, Plural Publishing, Dietze Music.

PRESENTERS

Dr Ryan Van De Graaff
Board certified in Otolaryngology, Dr Van De Graaff has been a physician with Ear, Nose & Throat Specialties P.C. since 2003. His professional interests include laryngology and vocal disorders.

**Dr Terry Olson**
Board certified in Otolaryngology, Dr Olson has been a physician with Ear, Nose & Throat Specialties P.C. since 1991.

**Polly Ubben, M.A., CCC-SLP**
Polly Ubben has over 10 years of experience providing voice therapy and is currently a speech-language pathologist with Saint Elizabeth Regional Medical Center. She was the 2005 recipient of the Lois M. DiCarlo award, recognizing her excellence in clinical work with laryngectomee patients in speech pathology for the state of Nebraska.

**Ron Hruska, Jr., MPA, PT**
Ron Hruska is currently the Director of the Hruska Clinic as well as the Postural Restoration Institute. In addition to his 25 years of clinical experience, Ron lectures regularly to physical therapists and healthcare professionals on postural discord and his approach of restoring symmetry throughout the body.

**Dr Jana Holzmeier**
Jana is an Associate Professor of Music at Nebraska Wesleyan University where she teaches Vocal Pedagogy. She has been a professional singer for 24 years and a voice instructor for 17 years.

**Ariel Bybee, Mezzo-Soprano**
Ariel Bybee is an Associate Professor and Artist-in-Residence for the School of Music at the University of Nebraska – Lincoln where she teaches voice lessons and works with the opera program as a director and coach. Her extensive career as a professional singer includes over 450 performances at the Metropolitan Opera as well as numerous other performances and creative works.